

# Zhou Jiajia (周佳佳)

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## Academic Positions

2026/01–present Assistant Professor

Department of Social Work & Department of Sociology (Affiliate), Hong Kong Baptist University

2024/06–2026/01 Research Assistant Professor

Department of Social Work, Hong Kong Baptist University

2023/01–2024/06 Postdoctoral Fellow

Research Centre for Gerontology and Family Studies, The Hong Kong Polytechnic University

## Education

Ph.D. Social Gerontology The Hong Kong Polytechnic University, Hong Kong

M.Sc. Sociology University of Bristol, UK

B.A. Social Security Zhongnan University of Economics and Law, China

B.A. Economics (minor) Wuhan University, China

## Research Areas

- Social gerontology and caregiving
- Healthy ageing
- Life course perspective

## External Research Grants

2026–2028 **General Research Fund (GRF)**, Hong Kong Research Grant Council

*Investigating Care Networks for Chinese Older Adults with Dementia: Enhancing Care Capacity Beyond Dyadic Relationships* (project no. 12603225). **Principle Investigator (PI)**. Approved amount: HK\$ 915,600.

2025–2026 General Research Fund (GRF), Hong Kong Research Grant Council

*Integrating Motivational Interviewing and Photovoice to Enhance Future Care Preparation for older Singletons and Doubletons: A Three-Arm Cluster Randomised Controlled Trial* (project no.15606924). Co-Investigator (PI: Prof. Bai Xue). Approved amount: HK\$ 1,107,212.

## Publications (\* indicates corresponding author)

**Zhou, J.-J.\***, & Kang, R. (2025). Typologies of Informal Care Networks for Middle-Aged and Older Adults With Functional Difficulties in China: A Multidimensional Perspective. *Health and Social Care in the Community*, 2025(1), 6649034. <https://doi.org/10.1155/hsc/6649034>

**Zhou, J.-J.\***, Zhou, S., Cai, X., & Luo, J. (2025). Longitudinal Associations Between Neighborhood Environments and Functional Disabilities among Community-Dwelling Older Adults in China. *The Journals of Gerontology. Series B, Psychological Sciences and Social Sciences*, 80(3). <https://doi.org/10.1093/geronb/gbae206>

- Tsang, A. P. L., Sun, N., Hu, Y., & **Zhou, J.-J.\*** (2025). Predicting late-life depression trajectories through early-life experiences: evidence from CHARLS. *Aging & Mental Health*, 29(12), 2294-2303. <https://doi.org/10.1080/13607863.2025.2515177>
- Bai, X., **Zhou, J.-J.\***, Hu, B., & Shum, D. H. K. (2025). Childhood Threats and Cognitive Difficulties in Mid and Later Life: A Gendered Perspective on the Mediating Role of Family Functioning. *Journal of Gerontological Social Work*, 68(8), 1055-10175. <https://doi.org/10.1080/01634372.2025.2471994>
- Bai, X.\*, Cai, X., **Zhou, J.**, & Yang, W. (2025). COVID-19 infection, resilience, and depressive symptoms: the protective role of family functioning for aging Chinese adults in Hong Kong. *Aging & Mental Health*, 29(1), 59–68. <https://doi.org/10.1080/13607863.2024.2356874>
- Zhou, J.-J.\***, & Zhou, S. (2024). Childhood interpersonal trauma and depression of middle-aged and older adults in China: The mediation effect of social integration. *Journal of Aging and Health*, 36(7-8), 424-435. <https://doi.org/10.1177/08982643231197081>
- Bai, X., **Zhou, J.-J.\***, Lee, C. K., Lee, V. W. P., & Lai, D. W. L. (2024). Personal Competence or Environmental Characteristics? Factors Influencing Happiness among Ageing Adults in Hong Kong Around the Period of COVID-19 Pandemic. *Journal of Applied Gerontology*, 43(9), 1204–1213. <https://doi.org/10.1177/07334648241234995>
- Lai, D. W. L.\*, **Zhou, J.-J.**, Bai, X., Lam, R. Y. K., & Li, Y.-Z. (2023). Intergenerational Engagement and Challenges: Participants' Perspectives on Intergenerational Activities in Hong Kong. *Journal of Intergenerational Relationships*, 23(1), 30–49. <https://doi.org/10.1080/15350770.2023.2287229>
- Lai, D. W. L.\*, Ruan, Y.-X., Wang, J. J., Liu, E. H. S., & **Zhou, J.-J.** (2023). Experience of Chinese Recent Retirees on the Effects of Retirement on Healthy Ageing in Shenzhen and Hong Kong. *International Journal of Environmental Research and Public Health*, 20(4), 2820. <https://doi.org/10.3390/ijerph20042820>
- Zhou, J.-J.\***, Kang, R.; Bai, X. (2022). A Meta-Analysis on the Influence of Age-friendly Environments on Older Adults' Physical and Mental Well-being. *International Journal of Environmental Research and Public Health*, 19(21), 13813. <https://doi.org/10.3390/ijerph192113813>
- Zhou, J.-J.**, & Bai, X.\* (2022). Influence of intergenerational relationships on depressive symptoms in ageing Chinese adults in Hong Kong: Mediating effects of sense of loneliness. *BMC Geriatrics*, 22(1), 1–10. <https://doi.org/10.1186/s12877-022-03269-z>

### **Awards & Honors**

- 2025 Outstanding Research Output Awards 2024/25, HKBU
- 2022 Annual Best Paper Award for Research Postgraduate Students, APSS, PolyU
- 2020 Best Presenters at BPCS Annual Conference, British Association for Chinese Studies
- 2019 Teaching Postgraduate Studentship for Research Postgraduate Students, PolyU
- 2017 The Excellent Undergraduate Thesis, ZNUEL
- 2017 The National Endeavor Scholarship, ZNUEL

### **Teaching Experience**

- 2024-2026 SOWK7620 Human Development & Cultural Differences, HKBU
- 2019-2023 Supervisor for APSS4302 Capstone Project for Applied Ageing Studies, PolyU
- 2019-2022 Teaching assistant for APSS1B28P Ageing China, PolyU
- 2019-2022 Teaching assistant for APSS3301 Social Policy and Social Care, PolyU

### **Research Postgraduate Supervision**

Jia Huating PhD student (as Co-Supervisor)

### **Ad-Hoc Journal Reviewer**

*Ageing & Society*

*BMC Geriatrics*

*Canadian Journal on Aging*

*Frontiers in Public Health*

*Journal of Gerontology Series B: Social Sciences*

*Innovation in Aging*

*Journal of Ageing and Society*

*Journal of Aging and Health*